

# Additional Precautions

## What are Additional Precautions?

**Additional Precautions** are precautions that are necessary in addition to Routine Practices in order to prevent the spread of infections. This includes selecting appropriate PPE, ensuring good Hand Hygiene is practiced, and controlling the environment.

**Additional Precautions** may be: *Contact Precautions, Droplet Precautions, Airborne Precautions*, or a combination of precautions.

We use **Additional Precautions** when an organism is:

- Difficult to control in the environment
- Highly infectious
- Difficult to kill when cleaning
- Moves on dust particles in the air



### Droplet Precautions



#### Private Room

- ✓ Door may stay open
- ✓ Maintain a distance of at least 2 metres (6 feet) between patients if sharing a room



#### Hand Hygiene

- ✓ Upon entering room
- ✓ Before an aseptic procedure
- ✓ Before donning and after removing gloves
- ✓ When leaving room



#### Mask

- ✓ Wear surgical mask when working within 2 metres (6 feet) of patient
- ✓ Visitor may be required to wear a surgical mask if sitting within 2 meters of patient



#### Patient Transport

- ✓ Only when essential
- ✓ Patient must wear surgical mask
- ✓ Continue precautions
- ✓ Inform receiving department

### Contact Precautions



#### Private Room

- ✓ Door may stay open



#### Hand Hygiene

- ✓ Before and after removing gloves
- ✓ When leaving room
- ✓ Using soap and water or alcohol gel



#### Gloves

- ✓ If in contact with patient or environment
- ✓ Removal before leaving room



#### Gown

- ✓ If in contact with patient or environment
- ✓ Remove gown before leaving room



#### Dedicate Patient Care Equipment

- ✓ Disinfect all equipment removed from room
- ✓ Do not take patient chart into the room



#### Patient Transport

- ✓ Only when essential
- ✓ Continue precautions
- ✓ Inform receiving department

### Airborne Precautions



#### Private Room

- ✓ Door kept closed at all times
- ✓ Must have monitored negative pressure if available
- ✓ After discharge keep door closed for 2 hours



#### Hand Hygiene

Use soap and water if hands are soiled or use alcohol hand rub

- ✓ Upon entering the room
- ✓ After removing gloves
- ✓ When leaving room
- ✓ After contact with Blood and body fluids
- ✓ Before aseptic procedure



#### Mask

- ✓ Workers must use N-95 respirator
- ✓ Don before entering room
- ✓ Provide a surgical mask for visitors



#### Patient Transport

- ✓ Only when essential
- ✓ Patient must wear surgical mask
- ✓ Continue precautions
- ✓ Inform receiving department

For More Information Check Out:

Provincial Infectious Diseases Advisory Committee (PIDAC):

[https://www.publichealthontario.ca/en/eRepository/RPAP\\_All\\_HealthCare\\_Settings\\_Eng2012.pdf](https://www.publichealthontario.ca/en/eRepository/RPAP_All_HealthCare_Settings_Eng2012.pdf)